

Center for Prayer and Spirituality

St. George's is an island of spiritual resources in the middle of fast-flowing roads and Orange County freeways. Our Center for Prayer and Spirituality is designed to be a "spa for the soul" and spiritually rejuvenate. Most of the programs are on Thursday evenings with additional special events planned at other times.



Based on the medieval design on the floor of Chartres Cathedral in France, the labyrinth in Bonhall Plaza invites us to leave the busy day behind for a meditative walk.

Men and women have separate spirituality groups that meet in the evenings at St. George's. Prayer, theology and a book discussion are the usual formats for these gatherings.

St. George's celebrates Christian unity through the words and chants of the Taize community in France. The candlelight in the sanctuary and quiet, reflective readings and prayers open the soul to a remarkably ecumenical form of prayer.



There is opportunity to practice different forms of meditation and prayer in the Centering Prayer group. Newcomers are always welcome.